

## **Somersworth Prevention Coalition Agenda**

**Wednesday, March 8, 2017 12-1:30PM**

**At Conference Room, SAU56 Office, 51 West High St., Somersworth, NH**

**In attendance:** Dana Rivers [Somersworth School Board], Katie Krauss [Project Director], Marc Hill [Professor, UNH], Christine Hounsell [Sole City Dance], Nicole Turcotte [Y2Y Advisor, SMS], Jeni Mosca [Superintendent SAU56], Rick Campbell [SPD School Resource Officer], Coty Donohue [SPC Coordinator], Amy Michaels [Hope on Haven Hill], Mark Rideout [1<sup>st</sup> Parish Church], Lisa Sloan [Y2Y Advisor/Guidance, SHS], Jim Vreeland [Faith Baptist Church]

**Note taker for today:** Mark Rideout

### **Officers**

Chair: Mark Rideout [pastor@somersworthfirstparish.org](mailto:pastor@somersworthfirstparish.org) 603-692-2057

Vice-Chair:

Treasurer: Sharon Lampros [slampros@sau56.org](mailto:slampros@sau56.org)

Secretary:

### **Agenda**

1. Welcome: Mark Rideout, Chair, invited introductions and sign-in with preferred contact information. [See sign-in sheet for attendance]. There are two open positions for SPC leadership: **Vice-Chair**, **Secretary**. Names may be brought forth at this meeting, or directly to Mark Rideout.
2. Somersworth Prevention Coalition Leadership Team is: Maureen Jackman, Executive Director; Katie Krauss, Project Director; Coty Donohue, Coalition Coordinator.

Coty Donohue shared that the Progress Report for August 2016-January 2017 has been submitted. Vicki Hebert generously shared an excel spread sheet to assist in documentation that needs reporting. Acceptance of submitted report is pending.

YRBS at SMS will take place 4/21/17 with Emily Hayden [who has taken training] facilitating. YRBS at SHS will take place 4/19/17 with the state providing, Lisa Sloan is contact for this. Both settings will have heads up on SAU56 website. For SMS parents who want to "opt out", and for SHS parents to see the survey.

Coty has been in conversation with Rochester/Bridging the Gaps and Dover Y2Y on potential for joint projects, including joint radio spots for National Take Back Day on 4/29; possibly radio spots for NNO, 8/1/17 as Dover, Rochester and Somersworth are all doing NNO on the same day.

Coty shared some upcoming events/dates:

**Substance Misuse Prevention Awareness Event** 3/8/17 at Turbocam, Barrington, working jointly with One Voice for Strafford County—substance misuse prevention awareness event. 6:30-8:30PM.

**It Takes A Village-Prevention Starts with You!** 3/16 6-8:30PM Rochester Opera House, Bridging the Gaps of Rochester. Community event to spread the word of what prevention means. [flyer shared]

**Strafford County Addiction Summit** 4/7 Wentworth-Douglass Hospital 9:30-4:30 Registration check with One Voice for Strafford County.

**National Take Back Day** 4/29

**Spirit Up Somersworth** 5/6 Y2Y Groups will participate

**Business Community Event with Tri-City Chambers** Date TBD- joint effort of three communities Y2Y groups.

**National Night Out** 8/1/17 Jules Bisson Park, Ward 5, Somersworth. Officer Rick Campbell affirmed we are registered for this event. There will probably be an effort to do a Tri-City marketing for this event with the Y2Y groups working together. Marc Hiller suggested including a walking component—which elicited comments to encourage walking to Ward 5 from other places in the city. Maybe coordinating a scavenger hunt? Have 4-5 kiosks where people stop to gather selfies to gain a prize at NNO? Simply posting pathways to get to Ward 5!

Coty has been going to [Prevention Leadership Workshops](#), facilitated by Alissa Cannon, Once for Strafford County Prevention Coordinator. Some shared resources between communities to put forward common information and resources/links/contact. He shared a brochure in the works, "Roadmap to Youth Drug Prevention". Meets 1<sup>st</sup> Tuesday of every month at Goodwin.

3. **"Know the 5 Signs"** Re-scheduled from February to **Tuesday 3/21** morning assembly at SHS, retired Justice John Broderick speaks on mental health issues. Evening **6PM Parent Presentation** by same theme, "Change Direction." Evening Volunteers to set up, be present at, and take down a Somersworth Prevention Coalition information table using handouts and information we have on hand. 3-4 people needed. Katie Krauss, Dana Rivers, Mark Rideout, Coty Donohue all said they would be present and willing to help with set up/break down of the table. Anyone in SPC who wants to help would be welcome!

Coty talked a bit about getting a more varied range of information handouts, meaning some age specific geared for younger kids, as well as parent items [start the conversation]...and this is where the idea of Y2Y coming up with a coloring book surfaced! [see below]. Coty will see what is out there for different audiences: elementary, middle, high school, business community, faith community, parents/grandparents, educators, etc.

4. Update on our Evaluator and anticipated YRBS implementation. Maureen has been in touch May Delaney, and will shortly set up a meeting with May to review steps moving forward, in particular re/ YRBS, and directions for SPC.
5. Update on the SPC Logos from Renee Dodge's Digital Media Class at SHS/CTC Coty has been in touch with Renee Dodge, re/ using a few of the logos, but making changes. They had a discussion about intellectual property, and Coty spoke directly with the two students whose work we'd like to adapt, and is facilitating conversation in this regard. Coty, Mark Rideout, Katie Krauss met with Lara Willard, whose media/marketing background helped us come to terms with what to recommend, and so Coty presented a logo that would be specific to Y2Y, and brings in a more school mascot/school color under the Pounce on Prevention theme. The logo for SPC, will have a different graphic and color scheme, in order to connect for completely with our Somersworth community as a whole. Thank you Coty for moving these items along—particularly as the two student designers from Ms. Dodge's class are also working with SYC! Each of us involved in this coalition are invited to suggest taglines for the SPC logo. Jim Vreeland offered one at this meeting: Working Together for a Healthy Community. Others? Send along to Mark Rideout, or bring to the next meeting.
6. Volunteer Service Hours need to be documented in order for us to leverage the in-kind aspect of matching funds for our DFC grant. See the form being shared at this meeting.
7. Youth to Youth Update  
Lisa Sloan shared that the SHS Y2Y had 19 attending the Youth Opioid Summit on 3/7 in Manchester, NH. There were 8000 present. Lots of information, but not a lot of call to action. Lisa worked conversation about taking what was heard, and now, what do you do with this information? SHS Y2Y working on documentary on mental health and life choices and are registered to participate in the process to produce the film. The group will also participate in retail responsibility with stores that sell paraphernalia and see if they sell to kids. If don't, will send a supportive letter thanking them for not selling to kids. Group has stable membership, with many 9<sup>th</sup>/10<sup>th</sup> graders. They submit items regularly to the Stall Street Journal [love the name!]. Adam Durkee is the other Y2Y advisor at SHS.

Nicole Turcotte shared that the SMS Y2Y was rehearsing the Samantha the Skunk skit about not taking medication, to present to elementary school children. In April, the SHS Y2Y will come to SMS to do a presentation to the whole school about Y2Y, in order to encourage participation. And idea for SMS Y2Y is to develop a prevention coloring book for the elementary aged grades. Ginny Hahn is the other Y2Y advisor at SMS.

8. Other Business as we move forward.

Anxious Kids-Strategies to help parents and educators, with Lyn Lyons presenting SAU56  
Workshop on Friday, 4/15 8:30-10:30AM, SHS Cafetorium. SPC members invited to come to the workshop. Jeni Mosca shared this invitation.

NH Commissioner of Education, Mr. Edelblut, will be here in Somersworth on 4/12, for a meet and greet with School Board and City Council at Mulligans Grill at 12 NOON. SPC was invited to attend as well, to emphasize that the school was not in a silo, and there are many community groups that support children/youth.

Meeting: **Date: April 12, 2017** **Time: 1-2:30PM** **Location: SAU56**

As some of us want to do the meet and greet at Mulligans Grill, and we wanted to keep the SPC meeting date, we will aim to start a bit later as noted here.